

## Microcurrent Therapy - A Selection of References

Professor Tim Watson, University of Hertfordshire

- Allen, J. D., C. G. Mattacola and D. H. Perrin (1999). "Effect of microcurrent stimulation on delayed-onset muscle soreness: a double-blind comparison." *Journal of Athletic Training* 34(4): 334-337.
- Bailey, S. (1999). "How microcurrent stimulation produces ATP -- one mechanism." *Dynamic Chiropractic* 17(18): 16, 18-19.
- Bonacci, J. A. and E. J. Higbie (1997). "Effects of microcurrent treatment on perceived pain and muscle strength following eccentric exercise." *Journal of Athletic Training* 32(2): 119-123.
- Butterfield, D. L., D. O. Draper, M. D. Ricard, J. W. Myrer, E. Durrant and S. S. Schulthies (1997). "The effects of high-volt pulsed current electrical stimulation on delayed-onset muscle soreness." *Journal of Athletic Training* 32(1): 15-20.
- Byl, N. N., A. L. McKenzie, J. M. West, J. D. Whitney, T. K. Hunt, H. W. Hopf and H. Scheuenstuhl (1994). "Pulsed microamperage stimulation: a controlled study of healing of surgically induced wounds in Yucatan pigs." *Phys Ther* 74(3): 201-213; discussion 213-208.
- Chan, H. K., D. T. Fung and G. Y. Ng (2007). "Effects of low-voltage microamperage stimulation on tendon healing in rats." *J Orthop Sports Phys Ther* 37(7): 399-403.
- Chapman-Jones, D. and D. Hill (2002). "Novel microcurrent treatment is more effective than conventional therapy for chronic Achilles tendonopathy: randomised comparative trial." *Physiotherapy*. 88(8): 471-480.
- Davis, P. (1992). "Microcurrents in motion: an effective clinical tool." *Chiropractic Journal* 7(1): 46.
- Davis, P. (1992). "Treating headaches with microcurrent electro-acupuncture." *Chiropractic Journal* 6(8): 22.
- Driban, J. B. (2004). "Bone stimulators and microcurrent: clinical bioelectrics." *Athletic Therapy Today* 9(5): 22-27.
- DuPont, J. S., Jr., R. Graham and J. B. Tidwell (1999). "Trigger point identification and treatment with microcurrent." *Cranio* 17(4): 293-296.
- El-Husseini, T., S. El-Kawy, H. Shalaby and M. El-Sebai (2007). "Microcurrent skin patches for postoperative pain control in total knee arthroplasty: a pilot study." *Int Orthop* 31(2): 229-233.
- Frick, A. (2005). "Microcurrent electrical therapy heals a recalcitrant wound in a horse." *Journal of Equine Veterinary Science* 25(11): 418-422.
- Gardner, S. E., R. A. Frantz and F. L. Schmidt (1999). "Effect of electrical stimulation on chronic wound healing: a meta-analysis." *Wound Repair Regen* 7(6): 495-503.
- Genzkow, G. D. and K. H. Miller (1991). "Electrical stimulation for dermal wound healing." *Clin Podiatr Med Surg* 8(4): 827-841.
- Gersh, M. R. (1989). Microcurrent electrical stimulation: putting it in perspective, *Clin-Managed-Phys-Ther*. 1989 Jul-Aug; 9(4): 51-4.
- Gossrau, G., M. Wahner, M. Kuschke, B. Konrad, H. Reichmann, B. Wiedemann and R. Sabatowski (2011). "Microcurrent transcutaneous electric nerve stimulation in painful diabetic neuropathy: a randomized placebo-controlled study." *Pain Med* 12(6): 953-960.
- Greenlee, D. L. (1995). Another look at microcurrent: it could be better than you think, *Dig-Chiropractic-Econ*. 1995 Sep-Oct; 38(2): 50-1.
- Johnson, M. I. (2001). "A critical review of the analgesic effects of TENS-like devices." *Phys-Ther-Rev*. 6(3): 153-173.
- Johnson, M. I. (2001). "Transcutaneous electrical nerve stimulation (TENS) and TENS-like devices: do they provide pain relief?" *Pain Reviews* 8(3/4): 121-158.
- Johnson, M. I., P. Penny and M. A. Sajawal (1997). "An examination of the analgesic effects of microcurrent electrical stimulation (MES) on cold-induced pain in healthy subjects." *Physiother-Theory-Pract*. 13(4): 293-301.

- Katz, M. A. (2003). "Treating lower back pain after back surgery: a combination of dry needle injection (acupuncture) and microcurrent stimulation." *Pain-Clin---Bernardsville*. 5(6): 23.
- Kim, M. Y., D. R. Kwon and H. I. Lee (2009). "Therapeutic effect of microcurrent therapy in infants with congenital muscular torticollis." *Pm R* 1(8): 736-739.
- Kirsch, D. L. (1996). A basis for understanding microcurrent electrical therapy (MET) - part I, *Am-Chiropractor*. 1996 May-Jun; 18(3): 30-4.
- Kirsch, D. L. (1996). "A basis for understanding microcurrent electrical therapy (MET) - part II." *Am-Chiropractor*. 18(4): 29,31-23,53.
- Kirsch, D. L. (1997). "How to achieve optimum results using microcurrent electrical therapy (MET): A basic clinical protocol for pain management." *Am-Chiropractor*. 1997 Jan-Feb; 19(1): 24-6, 32 19(4): 16-20.
- Kirsch, D. L. (2002). A practical protocol for electromedical treatment of pain. *Pain Management : A Practical Guide for Clinicians*. R. S. Weiner. Boca Raton, Fla, CRC Press.
- Kirsch, D. L. and M. Gilula (2007). "Cranial electrotherapy stimulation in the treatment of depression - Part 1." *Practical Pain Management* 7(4): 33-41.
- Kirsch, D. L. and M. Gilula (2007). "Cranial electrotherapy stimulation in the treatment of depression - Part 2." *Practical Pain Management* 7(5): 32-40.
- Kloth, L. C. (2005). "Electrical stimulation for wound healing: a review of evidence from in vitro studies, animal experiments, and clinical trials." *Int J Low Extrem Wounds* 4(1): 23-44.
- Kloth, L. C. and J. M. McCulloch (1996). "Promotion of wound healing with electrical stimulation." *Adv Wound Care* 9(5): 42-45.
- Koopman, J. S., D. H. Vrinten and A. J. van Wijck (2009). "Efficacy of microcurrent therapy in the treatment of chronic nonspecific back pain: a pilot study." *Clin J Pain* 25(6): 495-499.
- Kulkarni, A. D. and R. B. Smith (2001). The use of microcurrent electrical therapy and cranial electrotherapy stimulation in pain control, *Clin-Pract-Alternat-Med*. 2001 Summer; 2(2): 99-102.
- Lambert, M. I., P. Marcus, T. Burgess and T. D. Noakes (2002). "Electro-membrane microcurrent therapy reduces signs and symptoms of muscle damage." *Med Sci Sports Exerc* 34(4): 602-607.
- Lee, B. Y., K. Wendell, N. Al-Waili and G. Butler (2007). "Ultra-low microcurrent therapy: a novel approach for treatment of chronic resistant wounds." *Adv Ther* 24(6): 1202-1209.
- Leffman, D. J., D. A. Arnall, P. R. Holman and M. W. Cornwall (1994). "Effect of microamperage stimulation on the rate of wound healing in rats: a histological study." *Phys-Ther* 74(3): 195-200.
- Lennox, A. J., J. P. Shafer, M. Hatcher, J. Beil and S. J. Funder (2002). "Pilot study of impedance-controlled microcurrent therapy for managing radiation-induced fibrosis in head-and-neck cancer patients." *Int J Radiat Oncol Biol Phys* 54(1): 23-34.
- Lichtbroun, A. S., M. M. Raicer and R. B. Smith (2001). "The treatment of fibromyalgia with cranial electrotherapy stimulation." *J Clin Rheumatol* 7(2): 72-78.
- Lin, Y. L., H. Moolenaar, P. R. van Weeren and C. H. van de Lest (2006). "Effect of microcurrent electrical tissue stimulation on equine tenocytes in culture." *Am J Vet Res* 67(2): 271-276.
- Maenpaa, H., R. Jaakkola, M. Sandstrom and W. L. Von (2004). "Does microcurrent stimulation increase the range of movement of ankle dorsiflexion in children with cerebral palsy?" *Disabil-Rehabil*. 26(11): 669-677.
- Mannheimer, J. S. (2005). "The effect of microcurrent stimulation on ATP synthesis in the human masseter as evidenced by phosphorus-31 magnetic resonance spectroscopy."
- McMakin, C. (1998). "Microcurrent treatment of myofascial pain in the head, neck, and face." *Topics in Clinical Chiropractic* 5(1): 29-35.
- McMakin, C. R. (2004). "Microcurrent therapy: a novel treatment method for chronic low back myofascial pain." *J Bodywork and Movement Therapies* 8: 143-153.
- McMakin, C. R., W. M. Gregory and T. M. Phillips (2005). "Cytokine changes with microcurrent treatment of fibromyalgia associated with cervical spine trauma." *J Bodywork Mov Ther* 9(3): 169-176.

- Medlicott, M. S. and S. R. Harris (2006). "A systematic review of the effectiveness of exercise, manual therapy, electrotherapy, relaxation training, and biofeedback in the management of temporomandibular disorder." *Physical Therapy* 86(7): 955-973.
- Mercola, J. M. and D. L. Kirsch (1995). The basis for microcurrent electrical therapy in conventional medical practice, *J-Adv-Med*. 1995 Summer; 8(2): 107-20.
- Muller, M., D. Tsui, R. Schnurr, L. Biddulph Deisroth, J. Hard and J. C. MacDermid (2004). "Effectiveness of hand therapy interventions in primary management of carpal tunnel syndrome: a systematic review." *Journal of Hand Therapy* 17(2): 210-228.
- Naeser, M. A., K. A. Hahn, B. E. Lieberman and K. F. Branco (2002). "Carpal tunnel syndrome pain treated with low-level laser and microamperes transcutaneous electric nerve stimulation: A controlled study." *Arch Phys Med Rehabil* 83(7): 978-988.
- Noto, K. and P. Grant (2009). "Comparative study of micro-amperage neural stimulation and conventional physical therapy modalities." online access.
- Picker, R. I. (1989). "Current trends: low-volt pulsed microamp stimulation... part 1." *Clinical Management in Physical Therapy* 9(2): 10-14.
- Picker, R. I. (1989). "Current trends: low-volt pulsed microamp stimulation... part 2." *Clinical Management in Physical Therapy* 9(3): 28-33.
- Poltawski, L. and T. Watson (2009). "Bioelectricity and microcurrent therapy for tissue healing - a narrative review." *Physical Therapy Reviews* 14(2): 104-114.
- Robinson, A. J. (2008). Electrical stimulation to augment healing of chronic wounds. *Clinical Electrophysiology: Electrotherapy and Electrophysical Testing*. A. J. Robinson and L. Snyder-Mackler. Philadelphia, Lippincott Williams & Wilkins: 275-299.
- Rossen, J. S. (1989). Microcurrent stimulation - why it is replacing many other forms of electrical therapy, *Am-Chiropractor*. 1989 Mar; 3: 78-89.
- Sarhan, T. M. and M. A. Doghem (2009). "Effect of microcurrent skin patch on the epidural fentanyl requirements for post operative pain relief of total hip arthroplasty." *Middle East J Anesthesiol* 20(3): 411-415.
- Sedenu, B. U. (1997). "The effect of microcurrent on recovery from fatigue in the pretibial muscles in healthy adults."
- Simons, D. G. and J. Dommerholt (2005). "Myofascial pain syndromes -- trigger points." *Journal of Musculoskeletal Pain* 13(1): 53-64.
- Sizer, P., S. Sawyer and J. Brismee (2000). The effect of microcurrent stimulation on postoperative pain after patellar tendon-bone anterior cruciate ligament reconstruction. *American Physical Therapy Association*. Indianapolis, Indiana.
- Smith, R. B. (2001). "Is microcurrent stimulation effective in pain management? An additional perspective." *American Journal of Pain Management* 11(2): 64-68.
- Smith, R. B. (2002). "Microcurrent therapies: emerging theories of physiological information processing." *NeuroRehabilitation* 17(1): 3-7.
- Smith, T. O. (2005). "Physiotherapy in the management of TMC: a review of the literature part 2... including commentary by Minakuchi H and Deodato F." *International Journal of Therapy and Rehabilitation* 12(1): 30-37.
- Stone, J. A. (1997). "Prevention and rehabilitation. Microcurrent electrical stimulation." *Athletic Therapy Today* 2(6): 15.
- Sussman, C. (2007). Electrical stimulation for wound healing. In *Wound Care: A Collaborative Practice Manual for health Professionals*. B.-J. B. Sussman C. Philadelphia, Lippincott Williams & Wilkins: 505-554.
- Tan, G., T. Monga and J. Thornby (2000). "Electromedicine. Efficacy of microcurrent electrical stimulation on pain severity, psychological distress, and disability." *American Journal of Pain Management* 10(1): 35-44.
- Teachworth, J. L. (1995). "Microcurrent acupuncture and the two faces of popliteal myofascial syndromes." *Dig-Chiropractic-Econ*. 37(6): 34, 38.
- Todd, I., R. H. Clothier, M. L. Huggins, N. Patel, K. C. Searle, S. Jeyarajah, L. Pradel and K. L. Lacey (2001). "Electrical stimulation of transforming growth factor-beta 1 secretion by human

- dermal fibroblasts and the U937 human monocytic cell line." *Altern Lab Anim* 29(6): 693-701.
- Volz, D. (1995). "Microcurrent therapy: making gains in medical community." *Advance for Directors in Rehabilitation* 4(7): 38-41.
- Weiss, D., G. D' Amore and R. W. Rothrock (1988). "Microelectrical neuromuscular stimulation: theory and techniques." *Am-Chiropractor*. 1997 Jan-Feb; 19(1): 24-6, 32(May): 80-82.
- Wieder, D. L. (1991). "Microcurrent therapy; wave of the future?" *Rehab Manag* 4(2): 34-35.
- Wing, T. (1989). Modern low voltage microcurrent stimulation: a comprehensive overview, *Dig-Chiropractic-Econ*. 1989 Jul-Aug; 32(1): 76-81.
- Wing, T. W. (1997). Microcurrent primer: introduction and history of the chiropractic modality, *Am-Chiropractor*. 1997 Jan-Feb; 19(1): 24-6, 32.
- Zuim, P. R., A. R. Garcia, K. H. Turcio and M. M. Hamata (2006). "Evaluation of microcurrent electrical nerve stimulation (MENS) effectiveness on muscle pain in temporomandibular disorders patients." *J Appl Oral Sci* 14(1): 61-66.